

1. Basic Care (May not be available at all practices: limited numbers apply)

My Midwives has long recognized the need for different options in our packages. In 2018 we introduced a three-tiered systems of ultimate, standard and basic care. We are now keen to review and upgrade our basic care option so that this option is available to a larger number of women. This model is not designed to provide you with one or two midwives providing all of your care. You will have a midwife who co-ordinates your care and provides you with on call support. However the physical visits and labour and birth care will be provided by any member of our whole team. In this way we do not call this a caseload model of care as you will not get the full benefit of having a close bond to an individual midwife. You will get the benefit of midwifery care and advocacy in your care as you will still be admitted by our team for your labour and birth care.

We will offer you:

A midwife co-ordinating all of your care who supports you during your pregnancy. On call assistance from a group of midwives within our team to provide your pregnancy, labour and postnatal care. All your antenatal care visits, labour and birth care and all your postnatal care visits. Three postnatal visits at home. The ability to pay off your care over a 12 month period, reducing the upfront components for care.

What is not included:

Hospital visits in the antenatal period where you will be admitted as a public patient.
Continuity from the same midwife - you will not have the same midwife providing all of your care
Education classes are not included but are available at an additional cost.
Home visits after the first three postnatal visits.
Home birth care (as there is no Medicare rebate available for birth at home).

Who is this package best suited to:

- Families on a budget who still want options in care
- Families who are comfortable with less continuity in their care
- Those not wanting any education included in their package of care or who are prepared to pay for additional education.
- Those wanting to spread out their costs over a longer period of payment

For more details please contact admin@mymidwives.com.au

